

The Community Garden Club of Cohasset

October 2018 Edition

President's Message



Our first general meeting, in September, was absolutely wonderful. Pam Kelly and her culinary team put on the most beautiful display of food and decorations - all about apples.

Our speaker, Laura Biebler, did a lovely presentation showing us what to plant in our gardens to create a smooth progression of color throughout the season. Thank you, Sheila Toomey, our Program Chair, for choosing the perfect speaker and subject for this time of year.

Please join us at **Glastonbury Abbey** for our **Presidents Tea** to be held during our Monthly General Meeting on Tuesday, October 23rd, at **11 o'clock**. It will be a fun, informative event. I can't wait to see Pam's menu! I also know that our speaker, Lisa Oberholzer-Gee, will be wonderful. A former teacher at the New York Botanical Gardens, she currently freelances in New York City and Boston. Her love of floral design has led her around the world. I can't wait to see her fascinating creations and all of you at the tea. 🌻

Sue Reagan

OCTOBER CALENDAR OF EVENTS

1-8 Topsfield Fair Flower Show

2 Executive Board Meeting: Sue Reagan's House: 92 Beach St. Cohasset, 9:30 a.m.

Hostesses: M. Adams, V. Hough, A. Helbock

9 Flower Design Workshop: Lightkeeper's Cottage, 10:00 a.m.

10 Garden Therapy: Harborview Center for Nursing and Rehabilitation, 2:00-3:00 p.m. "Harvest Time"

16 Craft Workshop: Lightkeeper's Cottage, 9:30 a.m.

23 General Meeting:

President's Tea: Glastonbury Abbey Conference Center, 16 Hull Street, Hingham;

Meeting and Tea, 11:00 a.m. Guests: South Shore District Garden Club Presidents

Hostesses (Food, Set-up, and Cleanup): Marlene Tabor, Whit Leffel, Barb Bowman,

Linda Pratt, Lee Jenkins, Iku Ishihara, Marlene Winn

Program: "Fall Floral Designs" Lisa Oberholzer-Gee's love of floral design has led her around the world. Join her as she incorporates techniques from Europe and Asia into her floral art. A former teacher at The New York Botanical Gardens with a certificate from Longwood Gardens in Pennsylvania, she currently freelances in both NYC and Boston.



25 Junior Gardeners: Deer Hill School Cafeteria, 2:40-3:40 p.m. "Pumpkins"

25 Senior Center: Willcutt Commons, 91 Sohler St. 1:30 - 2:30 p.m., "Autumn in the Air"

The Garden Club Federation of Massachusetts, Inc.

Landscape Design School St. Brigid's Keilty Hall 2001 Mass. Ave. Lexington, MA Course I Series 16 October 25-27, 2018

Landscape Design School is a series of four courses presented by distinguished lecturers on landscape design, history, theory, methods and analysis. In Massachusetts, **one course is given each year** in sequential order. The course also serves as a refresher for LDC Consultants and Master Consultants. If you last refreshed in 2013, you need to refresh before 12/31/18 to maintain your consultant status! **CGCC subsidizes 1/2 of tuition.**

This year we explore the following subjects from *Stewards of the Land*:

- Ch. 1 Space, Design and People
- Ch. 2 Principles & Elements of Landscape Design
- Ch. 6 Color in The Landscape
- Ch. 7 Planning Your Home Grounds
- Ch. 8 Landscape Design Resources
- Ch. 9 Basics of a Site Plan
- Ch. 10 Design for the Environment
- Ch. 16 The Private Garden
- Ch. 17 Public Landscapes
- Ch. 22 Development of Landscape Design....plus, an enrichment lecture TBD.



Want to Know More? See course Trifold with our FAQs at LDCMA.org or email

Maureen O'Brien at Maureen.t.obrien@outlook.com or Georgia Papavasiliou at Loganniko@verizon.net.

Flower Arranging at Senior Center, Willcutt Center



Our very popular flower arranging class was once again well attended. Everyone was so excited to be playing with flowers again. Thank you, Dolores Roy, Barbara Dillon, Mary McLaughlin, Lee Drew, Maureen Adams, Jenifer Stockbridge, Cam Chamberlin and Kelly Conetta for all your enthusiasm!



Garden Therapy at Harborview Center for Nursing and Rehabilitation



L to R: Julie Hess, Adrienne du Bois, Jeanne Boutross, Ann Helbock, and Jenifer Stockbridge made arrangements with the residents. This month's theme was "Autumn Arrivals".

Junior Gardeners at Deer Hill School



The Junior Gardeners got down and dirty planting pots in front of the school with cabbages, sedum, and hot peppers. In the courtyard they planted kale, cabbages, swiss chard and other fall plants. Thank you to Marleen Tabor, Dana Roberts, Maureen Flaherty, Mary Ward, Julie Hess and Caroline Hess for leading the children in this project.





Conservation Corner



Thanks to Julie Hess, my attention was drawn to a recent, enlightening article in the NY Times Science Section about what to flush down and what not to. Not a very exciting topic, granted, BUT an important one nonetheless. Our wastewater systems are counting on us to protect them for years to come, not contribute to their failure, either unknowingly or not.

Some items creating problems for our wastewater management systems include the following:

Small fragments of **contact lenses** are thought to be contributing to micro-plastic pollution plaguing our waterways.

Wipes, even ones labeled as flushable, **tampons, and condoms** clog our sewer systems.

Dental floss, made of nylon or teflon, wraps around items and makes a big wad of extremely strong mass, not dissolving or biodegrading.

Pharmaceuticals have been found in our drinking water, streams, rivers and lakes. Who knows what the long range result of that may be! Unused medications can be placed in a bin at the police station.

Kitty litter, even if labeled flushable, does not dissolve and can clog wastewater systems.

Facial tissues, paper towels and cotton swabs have been treated with a chemical binder, causing them not to break apart when flushed.

Costs involved with having to unclog systems are passed on to us all in our water bills, to say nothing of the impact on our waterways. All of this goes to say that when in doubt, throw it out, in a trash can! If it's not human waste or toilet paper, it shouldn't go into the toilet.

If you have suggestions for topics to cover in the Conservation Corner please email me at: susanlsardina@gmail.com. Thanks for reading! *Susan Sardina*

Craft Workshop



You can never start too early when it comes to our Yultide Marketplace preparations; Elves back at work: L to R clockwise are Carol Groebel, Marlene Tabor, Meg Moore, Kathy Gray, Julie Hess, Marlene Tabor, Deb Jenks, Kate Farrington, Tania McCann and Judy Dickstein.



Our Sister Club The Garden Club of Nagoya, Japan



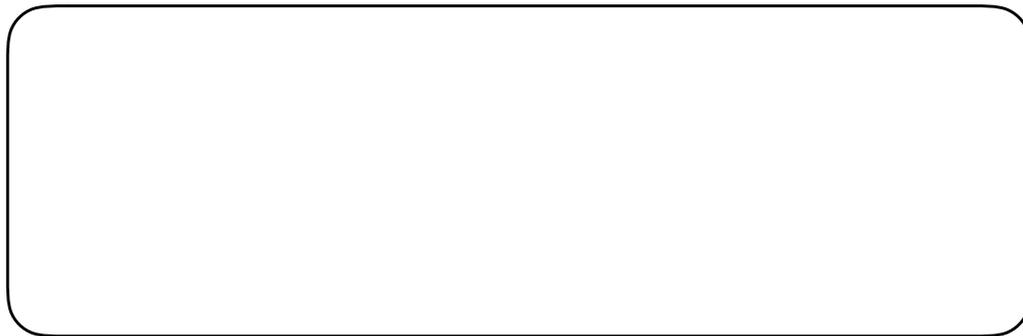
Our September general meeting was a lecture by Mr. Daisuke Umemoto, a full time lecturer of Human Science at Aichi Mizuho University in Nagoya.

Mr. Umemoto is a state-paid secretary whose job it is to assist a Diet member in formulating policies and briefed us about his roll in his job. He helps his Diet member by providing official election publications, making drafts of his speeches, general supervising of his office functions, and even participates in personnel issues. With his political experience, he teaches at Aichi Mizuho Junior College and Nagoya Junior College, both in Nagoya, and also Kanagawa and Waseda Universities in the Tokyo area.

Best regards,

Takako Kohri

Recording Secretary



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