

# The Community Garden Club of Cohasset

## March 2020 Edition



### President's Message

I believe that we New Englanders love the challenge of change. This year it looks as if March will come in as a lamb with spring in the air, but I'm holding my breath and wondering if we'll have another April Fool's snowstorm! Just to keep us on our toes!

We will have a wonderful speaker, Karin Stanley, on March 24 who will reveal "the uniqueness of the Irish Garden." I do hope you can all join us! Also mark your calendar for March 30 when we will have another seed starting workshop in preparation for our plant sale to be held Saturday, May 16.

Please lend a hand in this fun event whether it's digging or pottering or plant plug parenting. It's a fun fun day. 🌻

Look forward to seeing you all during the month. 🌻

*Sue Reagan*

### March Lamb or Lion

When March comes in gently, with soft skies of blue  
And warm happy breezes and crocus buds too  
March begins like a lamb, sweet gentle and kind  
But you'd better beware for you'll surely find  
That the end of the month will be stormy and cold  
Like a lion it'll roar, rough, growly and bold  
If March begins windy, and stormy and gray,  
If it's too cold outside, to happily play  
The lion's here first, and he's not so nice  
You should be indoors take my advice  
But wonderful weather is coming they say  
By the end of the month the lamb's here to stay.  
Author unknown

## March Calendar of Events

- 3 Executive Board Meeting:** Lightkeeper's Cottage, 9:30 a.m.  
Hostesses: Julie Hess, Ann Helbock, Kelly Conetta
- 10 Horticulture Design Workshop:** Lightkeeper's Cottage, 10 a.m.
- 11 Garden Therapy:** Sunrise Assisted Living of Cohasset, 2:00-3:00 p.m. "Lucky Gems"
- 17 St. Patrick's Day**
- 19 Junior Gardeners:** Deer Hill School Cafeteria, 2:40-3:40 p.m. "Terrariums"
- 25 Monthly Meeting:** Second Congregational Church, 43 Highland Ave.  
**Coffee: 9:00 a.m. Meeting: 9:30 a.m. Flower Arrangement:** Cynthia Chace  
**Hostesses: (Food, Set-up and Clean-up): J. O'Brien, M. Sullivan, M. Tabor, C. Vater, M. Winn**  
**Program: "The Uniqueness of the Irish Garden" Karin Stanley:** Take a slow gallop around Ireland where Karin unfolds the story and development of the Irish garden through the centuries and shows how it relates on the world stage to gardens and garden history.
- 30 Seed Starting Workshop #2:** Lightkeeper's Cottage, 10 a.m.

## Garden Therapy at Sunrise Assisted Living of Cohasset



Hearts-A-Bloom arrangements were created this month to celebrate Valentine's Day.

Thank you Ann Helbock, Theresa Littauer, Julie Hess and Jenifer Stockbridge for your help in making this a special day for the residents.



Judy Dickstein led a seed starting workshop in preparation for our Annual Plant Sale May 16.



## Senior Center at Willcutt Commons



Flower arranging was once again enjoyed by all at the Senior Center. The theme was "Hearts and Flowers" in celebration of Valentine's Day.

**Pictured above standing L to R:** G. Buckley, K. Connetta, L. Drew, J. Stockbridge, T. Littauer, S. Reagan, B. Dillon. **Seated:** C. Graham, J. Carroll, B. Bowman

**Pictured R:** Kelly Connetta passes out flowers

**Pictured top R:** Seniors proudly display their arrangements.

# Conservation Corner

By Susan Sardina

Not to be repetitive, but once again we revisit single-use plastics, probably the most serious pollutant in our environment today and one which we CAN control. Just learn to say “No” to them, as often as possible. Whether it’s single-use cutlery, straws, water bottles, take-out containers or shopping bags, we CAN and SHOULD opt out. It’s not that hard. We just need to make a little effort and learn to make it a habit. For instance...for my birthday last year our daughter gave me a glass straw with its own little bottle brush and in its own cloth case. Whenever I stop at Dunkin for an iced latte, I ask to hold the straw. One small thing, but all those straws add up!

- If you’re getting take-out and heading home to eat it, ask to hold the plastic cutlery. If you’re not heading home, stock up on some reusable bamboo cutlery and have it in your purse or car. You can wash it when you get back home.
- Carry your own reusable water bottle. ALWAYS!
- Bring your own mug or thermos for coffee/tea to meetings.
- Speak out! Suggest to restaurants that they use bamboo, instead of plastic straws and stir sticks.
- Carry, in your purse or car, cloth or other reusable bags for grocery store and drug store runs.
- Switch from plastic wrap to beeswax wrap or reusable containers for leftovers.
- Switch to shampoo and conditioner bars instead of bottles! I just ordered some from Amazon to try.

Did you know that over 40% of plastic comes from product packaging? 80 Billion plastic bottles disposed of around the world each year are from shampoo and conditioner alone. 8 Million tons of plastic end up in the ocean every year. 90% of fish have ingested microplastics according to studies. By 2050 there will be more plastic than fish in the sea. Only 9% of ALL plastic ever made has been recycled. Every person on earth consumes 40,000 microplastics each year.

We don’t need to do it all, but let’s make stabs at doing SOME. JFK once said, “One person can make a difference, and everyone should try.” The planet and all its inhabitants will thank us!

Hope you're staying warm on this freezing day!



## February Monthly Meeting

**Picture left:** Thank you, Lee Drew, for contributing this stunning flower arrangement for the refreshment table.

**Pictured Left:** Dana Roberts did a demonstration on creating arrangements and on “how to think like a florist.”





## CGCC Cohasset Academic Awards and The President's Award (new for 2020)

Applications for **The Community Garden Club of Cohasset Academic Awards** for graduating Cohasset seniors are available at the CHS Guidance office. The application deadlines are available from Guidance as well. A copy of the student's transcript and an essay are required as part of the application. Financial need is a consideration. Completed applications should be submitted to the Guidance Department.

In addition, this year the board has approved funding for one or more awards called "**The President's Award for Continuing Education.**" The award(s) recognizes the children and grandchildren of current members whose child or grandchild resides in a town other than Cohasset and would therefore not be eligible to apply for the Cohasset "Academic Award."

The student must be a graduating senior who plans to continue his/her education in college or similar accredited course of study in the arts, sciences or the fields of environmental studies, horticulture, floriculture, forestry, landscape design or related fields. The President's Award application is the same as the one for CHS and requires a transcript, letter of acceptance to a program of studies, and an essay. Financial need is a consideration. Copies of this application will be available at the General Meetings in February and March or by contacting Maureen Flaherty.

The deadline for submission is TBD but usually in April and should be submitted to Maureen Flaherty or Denise Perez-Botts. The final selection of recipients will be made by the President in May and awarded in June.



## **Our Sister Club The Garden Club of Nagoya, Japan**

The last day of winter in the traditional lunar calendar, usually February 3 or 4, is called Setsubun, the bean-scattering ceremony to drive out devils and attract good fortune.

At our workshop we made nine dwarves that stand for "KU" (pronounced "ku" same as [苦 means suffering in Japanese].) We fling handfuls of parched soybeans inside and outside the house to chase demons out and summon good luck.

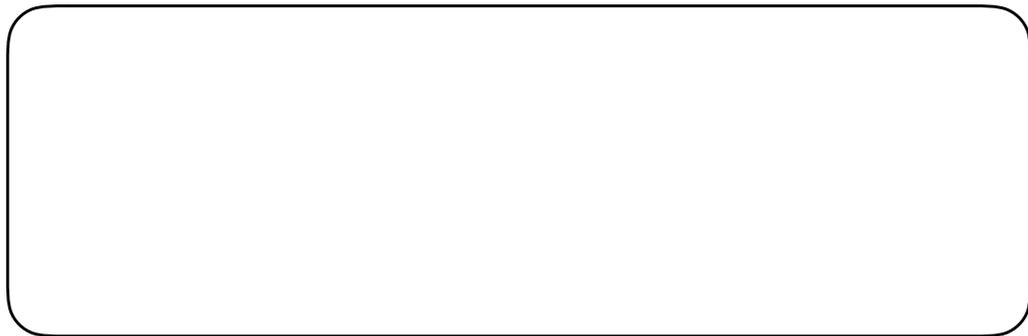
Best regards and good luck!

Takako Kohri  
Recording Secretary





*March comes in like a Lion, goes out like a Lamb....*



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