

The Community Garden Club of Cohasset



April 2018 Edition

President's Message

"Spring is when you feel like whistling even with a shoe full of slush."

by Doug Larson, editor and columnist for the *Door County Advocate* in Wisconsin

This seems like an appropriate quote for what we have been enduring these last few weeks. Four Nor'easters in a row certainly showed us that Mother Nature was not finished with winter. As we enter April with fingers crossed, we can begin to start some of our garden chores.

It is time to clean up areas around our spring bulbs in order to enjoy the first signs of spring. Work on space in your vegetable garden to plant early seeds such as peas and spinach. Keep tending the seeds you have started so that they will be ready for your garden and our Plant Sale on May 19th.

Happy spring!

Maureen Adams



April Calendar:

- 3 Executive Board Meeting:** Lightkeeper's Cottage, 9:30 a.m.
- 9 Junior Gardeners:** Deer Hill School Cafeteria, 2:40-3:40 p.m. "Spring Clean-up" with Chris Kennedy
- 10 Horticulture Workshop:** Dana Robert's home at 176 Water St., Hanover. **"Prepping the Spring Garden"**
- 11 Garden Therapy:** Harborview Center for Nursing & Rehabilitation, 2:00-3:00 p.m. "April Showers & Flowers"
- 12 Senior Center at Wilcutt Commons,** 1:30-2:30 p.m. "Springtime!"
- 17 Flower Design Workshop:** Lightkeeper's Cottage, 10 a.m. The mechanics of floral arranging will be demonstrated. \$10 fee
- 24 Monthly Meeting:** Second Congregational Church, 43 Highland Ave. **Coffee** 9:00 a.m. **Meeting:** 9:30 a.m. **Hostesses: (food, set-up, and clean up):** M. Antico, D. Beaudry, J. Bjorkgren, P. Bogan, J. Boutross, J. Carlo **Program: "The Monarch Gardener,"** Katie Banks will speak to us about plantings for the Monarch butterfly.
- 27 Arbor Day**
- 28-30 Art In Bloom at the MFA, Boston**

Plan ahead:

- May 19 CGCC Annual Plant Sale**
- May 22 CGCC Annual Awards Luncheon**

**We are delighted to present the report of the Nominating Committee:
To fill the following positions on the Board for 2018-2019**

**President - Sue Regan
First VP - Sheila Toomey
Second VP- Kelly Concetta
Recording Secretary - Vera Hough
Corresponding Secretary-Diane Benson
Treasurer-Carol Groeble**

**Directors
Maureen Adams
Barbara Dillon
Kathy Gray
Debbie Jenks**

**Respectfully Submitted
Ann Pompeo, Chairman
Jan Todd
Pam Kelly
Anne Sexton
Gretchen Sheets**

The Garden Club Federation of Massachusetts, Inc. Schools

SCHOOL REGISTRATIONS: Details, costs, & registration forms on www.gcfm.org

Gardening Study School: Course I Series II April 12 & 13, 2018 at Tower Hill Botanic Garden

Thursday, April 12 (Tested subjects)

Basic Botany - Dr. Judith Sumner, Botanist

Characteristics of Soils – Betty Sanders, Horticultural Consultant

Techniques For Growing Outdoor Flowers – Betty Sanders, Horticultural Consultant

Friday, April 13 (Non-tested subjects)

Plant Propagation- Joann Viera, Horticulturalist Tower Hill

Vegetative Propagation- Joann Viera, Horticulturalist Tower Hill

Composting- Paul Rodgers, Horticultural Consultant

Test for those becoming consultants

Contact: Joy DiMaggio, jmarykay2@aol.com

**The Garden Club Federation of Massachusetts Presents
“A Floral Journey from Afar”**

with

Francine Thomas, International Designer Extraordinaire, from New Zealand

Tuesday, April 24, 2018, 10:00 a.m.

Regis College, Fine Arts Center, Weston, MA Limited Seating – Don't Miss Out

Send stamped, self-addressed envelope & check **made out to GCFM**

To: Penni Jenkins, 241 Elm St., Walpole, MA 02081

Boston Flower Show Award Winners!!!



Dana's Featured Plant Material



Cynthia's Petite Design

Dana Roberts (L) and Cynthia Chace (R) entered the Boston Flower Show and were quite successful! Dana came in third with her arrangement in the "Featured Plant Material" group. Cynthia came in first in the "Petite Design" using willow veronica to mimic the shapes of the Boston swan boats.



March General Meeting with Suzanne Mahler



Suzanne Mahler, avid gardener, photographer, lecturer, talked about proper garden tools and pruning techniques.



(L) Marlene Winn is one of our hostesses. (R) President, Maureen Adams, brings the meeting to order.



*Get Ready
for Spring
by
Suzanne*

- * Stroll through your landscape. Identify trees and shrubs that require pruning, transplanting or elimination. Take pictures and notes.
- * Monitor late season transplants for heaving. Gently press lifted plants back into soil. Apply bagged soil or mulch around exposed root systems.
- * Remove soggy debris and branches from garden, taking care not to tread on water-logged soils.
- * Begin pruning trees and shrubs as demonstrated by Suzanne. Do not leave stubs but do not prune too closely to a bud or branch.
- * Test flower and vegetable seeds for viability by placing a few seeds between damp paper towels in warm location. Prepare a timetable for starting seeds.

Newport Flower Show

Friday, June 22nd

I am trying to get a head count of people interested in taking a bus down to the Newport Flower Show. If you haven't already signed up, please email Kelly Connetta at mkellyconetta@yahoo.com



Junior Gardeners



Students created window sill gardens in wooden boxes with the guidance of Dana Roberts and several members.



Garden Therapy at Harborview Center for Nursing and Rehabilitation



Our dedicated team of helpers: L to R Dolores Roy, Jeanne Boutross, Diane Herth, Adrienne DuBois, Ann Helbock, Sheila Toomey. Back row: Barbara Canney, Susan Reagan





Seed Starting Workshop

Judy Dickstein (L) led a workshop on how to start seeds for your garden and for our Annual Plant Sale coming up on May 19th.



Swapping seeds is always a part of this fun workshop. Pictured above: Eugenia Kelley, Deb Jenks, Marlene Winn, and Judy Nowak



Jackie Rippetoe, Kate Farrington, & Marlene Tabor attended the workshop. Lelia Weinstein (R) gave pointers on how to propagate our favorite shrubs.



Fun Fact: THE BEEF WITH BEEF submitted by Lelia Weinstein

The beef with beef: A new study found 20 percent of U.S. eaters account for nearly half of the total diet-related greenhouse gas emissions in the country, and beef eaters are a main contributor. "If those people consumed fewer calories and shifted to a more moderate diet with less beef," *InsideClimate News* reports, "that could achieve almost 10 percent of the emissions reductions needed for the U.S. to meet its targets under the Paris climate agreement, the researchers found."

Well, as I have mentioned in the past, those cows produce a lot of methane which is worse than CO₂ for climate change! Go meatless Monday and Wednesday and maybe another day, too!



Maria Bartlett
Environmental Awareness Committee
Andover Garden Club Newsletter



Our Sister Club The Garden Club of Nagoya, Japan

Our March general meeting was on the importance of physical exercise. We were instructed by Ms. Toshiko Mukai, a professional instructress of “Taikyokuken,” a Chinese system using slow physical exercise for meditation and balance of health.

This program was introduced to meet with increasing public concerns about living a longer and healthier life.

(As of 2017 in Japan)

Healthy life:	Men 80.39	Woman 87.05
Average life:	Men 71.65	Women 74.65

Takako Kohri



Please submit pictures, updates, articles etc. to Barbara Canney, Newsletter Editor.
barbaracan@me.com

